

GREENACRE SPORTS PARTNERSHIP

PROGRAMMES : 2016 - 2017

COMPULSORY GSP MEMBERSHIP FEE: £500.00 ANNUAL FEE

To be part of the Greenacre Sports Partnership, all schools must sign up to the GSP Membership which includes the following:

- Health & Safety Advice, as and when required.
- Event Calendar.
- Equipment Loan.
- Sports Coordinator Support.
- Termly newsletter.
- One free place to the annual GSP PE & School Sports Conference.
- Application guidance to the Sainsburys School Games Mark Accreditation.
- Access to the Annual Primary Football League.
- Access to the Annual Dance Fusion Competition.
- Skillz 4 Sport : Virtual League for Years 1 & 2.

MINI SPORTS CREW TRAINING : £200.00

The Mini Sports Crew programme has been designed for pupils in year 2 to gain leadership skills to support playground activity and promote healthy lifestyles to their peers. It allows pupils to grow in confidence and gain new skills that they can use on a day to day basis. The programme outline is as follows:

GSP : MINI SPORTS CREW

WEEK	OUTLINE
1	<ul style="list-style-type: none"> • Introduction • What is a Mini Sports Crew • Timetable • Warm Up • What is being active
2	<ul style="list-style-type: none"> • Recap on week 1 • What is team work • What is healthy eating
3	<ul style="list-style-type: none"> • Recap on week 1 & 2 • How to play games safely on the playground • Observe children being a member of the Mini Sports Crew at lunch time • Certificates & badges awarded



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SPORTS CREW TRAINING : £250.00

The Sports Crew programme has been designed for pupils in years 5 &/or 6 to develop their leadership skills to coordinate playground activities for their peers. The programme works particularly well in schools where playground time is not currently structured and it really can decrease the amount of behavioural problems seen during break time. GSP staff will also work alongside lunchtime supervisors so they can enhance their practice during lunchtimes and understand what to expect from the Sports Crew. The programme outline is as follows:

GSP : SPORTS CREW

WEEK	OUTLINE
1	<ul style="list-style-type: none">• Introduction• Register• Application Form (Homework)• What does it mean to be a Sports Crew?• Ice breaker games
2	<ul style="list-style-type: none">• Recap from week 1• Name three leaders• EDI• Think of some ideas of Playground Games (Homework)
3	<ul style="list-style-type: none">• Recap homework task• STEP Principle• Space• Task• Equipment, planning and participants (Homework)• Play playground games
4	<ul style="list-style-type: none">• Recap homework task• You're groups activity• Plan a Sport Specific game to lead to group (Homework)
5	<ul style="list-style-type: none">• Recap on homework task• Lead playground games/sport specific games to the rest of the group• Plan a suitable game to lead to a class next week (Homework)
6	<ul style="list-style-type: none">• Deliver playground game to class• Complete the assessment sheet• Award certificates and badges



DAY OF SPORT : £350.00 PER DAY

GSP can offer 2 members of staff to provide a whole day of sport, which includes planning time with the sports coordinator. Whether this is for a Sports Day or a Healthy Living Day, GSP will be there to support.



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C4L CLUB FOR PUPILS ONLY : £300.00

The Change 4 Life Pupil programme is a 6 week programme that has been designed to educate pupils in years 3 &/or 4 to lead a healthier lifestyle and make healthy swaps in everyday life. With an increase of obesity levels across the UK and the realisation that the current generation will not outlive their parents, the C4L programme will increase the awareness and importance of healthy living to pupils. The programme outline is as follows:

GSP : CHANGE 4 LIFE : PUPIL PROGRAMME	
1	<ul style="list-style-type: none"> • Introduction to the C4L programme • Habits • Eatwell Plate • Health Boost Challenge
2	<ul style="list-style-type: none"> • A look into fruit and vegetables • Why we need them • Why we need breakfast • Health Boost Challenge
3	<ul style="list-style-type: none"> • A look into healthy lunches • How to build a healthy lunch • Eatwell Plate • Health Boost Challenge
4	<ul style="list-style-type: none"> • A look at healthy dinner/tea • Dinner bingo game • Fitness and guidance into activity • Health Boost Challenge
5	<ul style="list-style-type: none"> • A look into puddings and snacks • How to keep healthy teeth • Healthy swaps • Health Boost Challenge
6	<ul style="list-style-type: none"> • Recap and quiz • Keeping up the good habits • Keeping healthy as a family



GSP SWIMMING TEACHER SUPPORT : £400.00 PER TERM PER LESSON

Being able to swim at least 25m by the end of year 6, is a national curriculum requirement for PE from the Department for Education. GSP understands that this can be a very expensive and time consuming process and therefore can offer support by providing qualified swimming teachers to lead on the swimming sessions for your school.

GSP SWIMMING LIFEGUARD : £400.00 PER TERM PER LESSON

As well as being able to provide Swimming Teachers to support with the delivery of swimming for schools, GSP can also provide fully qualified lifeguards. Health & Safety requirements for swimming ensure that a Swimming Teacher and Lifeguard are present at every swimming session.



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C4L CLUB FOR FAMILIES : £350.00

The Change 4 Life Family programme is a 6 week programme that has been designed to bring together pupils & their parents to educate them to lead a healthier lifestyle and make healthy swaps in everyday life. With an increase of obesity levels across the UK and the realisation that the current generation will not outlive their parents, the C4L programme will increase the awareness and importance of healthy living to families. This programme really engages families into the school setting and has become a core link between school and community health projects. The programme outline is as follows:

GSP : CHANGE 4 LIFE : FAMILY PROGRAMME	
WEEK	OUTLINE
1	<ul style="list-style-type: none">• Introduction to the C4L programme• Group Rules• Parent & Pupil introduction• Habits• Eatwell Plate• Health Boost Challenge
2	<ul style="list-style-type: none">• A look into fruit and vegetables• Fruit and vegetable tasting• Why we need them• Why we need breakfast• Health Boost Challenge
3	<ul style="list-style-type: none">• A look into healthy lunches• How to build a healthy lunch• Eatwell Plate• Health Boost Challenge
4	<ul style="list-style-type: none">• A look at healthy dinner/tea• Dinner bingo game• Fitness and guidance into activity• Health Boost Challenge
5	<ul style="list-style-type: none">• A look into puddings and snacks• Empty calories• How to keep healthy teeth• Healthy swaps• Health Boost Challenge
6	<ul style="list-style-type: none">• Recap and quiz• Keeping up the good habits• Keeping healthy as a family• Signposting to further courses

COMPETITION TRAINING & TRANSPORT : £5500.00

The Competition Training & Transport Programme, is to support schools to enable them to participate in as many local competitions as possible. If schools are successful and win the local events they may have the opportunity to represent the Greenacre Sports Partnership & Medway at the Kent School Games. The programme includes pre competition training and team selection, immediate sign up to all Mini Youth Games and Primary School Games competitions, a minibus to and from each competition and a member of staff to attend the competitions with the school. With competition being high on the national agenda for PE and School Sport, and teachers having limited release time, this programme is a perfect compromise.




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1:1 LESSON SUPPORT FOR TEACHERS : £400.00 PER TERM, PER TEACHER.

The 1:1 Lesson Support allows experienced PE Specialist teachers to work alongside Primary staff to enhance their knowledge and understanding of the PE curriculum and how to assess in PE. The 1:1 support is not evasive and allows teachers to develop new skills and acquire new ideas to enrich their current practice. The training is to upskill teachers to make an impact and sustain high quality delivery in PE and School Sport. The 1:1 Lesson Support programme is very structured and teachers can expect weekly feedback and advice to help them progress. At the end of the term, the sports coordinator and head teacher receives a full report of the CPD which Ofsted have been very supportive of in several primary schools across Medway. The programme outline is as follows:

WEEK	EXPECTATIONS
1	GSP member of staff will introduce and lead the lesson for week 1. Class teacher will be asked to assess the pupils during the lesson. A laptop is required.
2	GSP member of staff to recap from the previous week. Using the GSP scheme of work, the class teacher is to lead the warm up. GSP member of staff will teach the remainder of the lesson.
3	Class teacher to recap on the previous week. GSP member of staff to lead the warm up. Both GSP member of staff and class teacher to team teach the main lesson together.
4	Class teacher to recap on the previous week. GSP member of staff to lead the warm up. Class teacher to teach the main lesson and game/competition.
5	Class teacher to teach the full lesson with support from GSP member of staff.
6	GSP member of staff to lead the full lesson. Class teacher to assess the pupils again to show any progress from week 1.



AFTER SCHOOL CLUBS : £300.00 PER TERM PER CLUB

GSP can offer a variety of sports for after school clubs on a termly basis for any year group. Equipment can be provided if necessary and all sessions are one hour long.



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BALANCEABILITY : £300.00 PER TERM

Balanceability teaches children under six the skills required to learn to ride a pedal bicycle. Through the use of pedal-less bikes, Balanceability eradicates the use of stabilisers and promotes the fundamental skill of cycling, which is balance. The programme comprises structured lesson plans that help children develop gross motor skills, spatial awareness, dynamic and static balance, bilateral co-ordination along with the necessary skills to make the transition from a balance bike to an ordinary pedal bike in a safe, challenging but fun way. The programme outline is as follows:

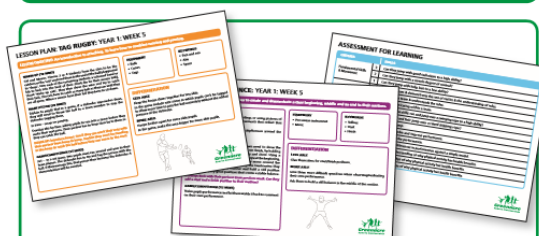
GSP : BALANCEABILITY

WEEK	OUTLINE
1	<ul style="list-style-type: none">• Introduction: What is Balanceability?• Health and Safety.• Balance Games.
2	<ul style="list-style-type: none">• Static & Dynamic balances.• Walking with a balance bike.
3	<ul style="list-style-type: none">• Recap on health and safety.• Using the balance bikes for the first time.• How to stop.• Balancing around a simple course.
4	<ul style="list-style-type: none">• Introduction to gliding.• Turning and gliding.
5	<ul style="list-style-type: none">• Spatial Awareness when on a balance bike.• Completing a variety of courses with confidence on a balance bike.
6	<ul style="list-style-type: none">• Recap of previous 5 weeks.• Completing an obstacle course, incorporating all the new skills learnt over the term.



GSP SCHEMES OF WORK, LESSON PLANS & ASSESSMENT

Primary PE Schemes of Work and Lesson Plans Linked with Assessment



New Curriculum for September 2014

£150 per year group, or £800 for school years 1 to 6

**Written by PE Specialists
from the Greenacre Sports Partnership**

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FREE assessment tracker included



GreenacreAcademy



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GSP VISUAL RESOURCES TO SUPPORT THE SCHEMES OF WORK & LESSON PLANS

£100.00 per year group, £600.00 for school years 1 to 6.

The image displays three overlapping resource cards for Year 1, each with a different color theme and content.

- RESOURCE CARD: GYMNASTICS: YEAR 1** (Pink header):
 - RELATES TO: WEEK 2
 - EXAMPLES OF SIMPLE SHAPE SEQUENCES:
 - HOPPING: A sequence of two illustrations showing a person hopping, connected by a pink arrow.
 - STAR SHAPES: An illustration of a person in a star-shaped pose.
 - FROG JUMPS: A sequence of three illustrations showing a person performing frog jumps.
- RESOURCE CARD: DANCE: YEAR 1** (Purple header):
 - RELATES TO LESSON(S): 5
 - Central question: "Can pupils create a start and finishing position using the theme of animals to help?"
 - Illustrations of dance poses labeled: FROG, PENGUIN, and MONKEY.
- RESOURCE CARD: CRICKET: YEAR 1** (Orange header):
 - RELATES TO: WEEKS 4 & 5
 - GATE GAME: A diagram showing a field layout with players (smiley faces), cones (yellow triangles), and balls (blue circles). Blue arrows indicate ball movement, and red arrows indicate player movement.
 - KEY:
 - Player (smiley face)
 - Cone (yellow triangle)
 - Ball (blue circle)
 - Where the ball moves to (blue arrow)
 - Where the player moves to (red arrow)

